



CHARTERED  
SOCIETY  
OF  
PHYSIOTHERAPY

Join us for this **FREE EVENT**



# THE COMPLEXITY CHALLENGE

A CSP SUMMIT

19 > OCT > 2022

**An ageing population, living with increasing multiple long term conditions and rehabilitation needs, presents huge challenges to the physiotherapy profession. New models of service delivery and workforce planning are needed, along with an evidence base to meet emerging needs.**

**The CSP Summit 'The Complexity Challenge' tackles these issues head-on. Join us on 19th October to take part.**



See the programme and book your **FREE** place

**Our first-ever CSP summit includes a wealth of evidence from practice, research and quality improvement projects about effective ways of working. Book your free place today to hear about new CSP resources, and to discuss the challenges of complexity and ways forward.**

**9:10am**

**Welcome and keynote address**

**Alexandra MacKenzie:** Chair of Council CSP

**9:30am**

**Critical care survival: more complex than it might appear (ACPRC)**

**Owen Gustafson:** Senior Clinical Academic Physiotherapist  
Oxford University Hospitals NHSFT

**Susan Calvert:** Critical Care Therapy Clinical Specialist,  
University Hospitals Bristol and Weston NHSFT

**Charandeep Mahli:** Acute Neurosciences Clinical Specialist  
Physiotherapist: Oxford University Hospitals NHSFT

**Lucy Gardiner:** Assistant Professor (Physiotherapy) School  
of Sport, Exercise and Rehabilitation Sciences University of  
Birmingham and currently the ACPRC representative with  
this British Thoracic Society Pulmonary Rehabilitation Group



## 10:45am

### Improving exercise prescription in the management and prevention of sarcopenia (AGILE)

Including reports from the Benchmarking Exercise Programmes for Older People (BEPOP) project

**Sarah De Biase:** AHP Lead for Older People's Mental Health Services, Bradford District Care NHSFT, AGILE Falls and Bone Health Officer and Consultant Geriatrician in the community

**Dr Susanne Arnold:** Assistant Professor (Physiotherapy) University of Warwick, Current Chair of AGILE

**Dr Lorna Caulfield:** Specialist Trainee Registrar in Geriatric Medicine, South Tyneside and Sunderland NHSFT

**Dr Christopher Hurst:** Research Associate Lifestyle and Health, NIHR Newcastle Biomedical Research Centre

**Prof Miles Witham:** Professor of Trials for Older People, NIHR Biomedical Research Centre and Consultant Geriatrician in community

## 12:40pm

### Successful self-management support for people living with long-term conditions

Including reports from the LISTEN project and STRONG@WORK projects

**Dr Nathan Hutting:** Associate Professor HAN University of Applied Sciences Nijmegen, Netherlands

**Prof Fiona Jones:** Professor of Rehabilitation Research St Georges Hospital, St Georges and Kingston University

**Dr Clare Killingback:** Senior Lecturer in Physiotherapy, University of Hull





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Wednesday 19th October 2022

**1:45pm**

## How the CSP is prioritising the Complexity Challenge

**Sara Hazzard:** Assistant Director Strategic Communications (CSP)

**Ruth ten Hove:** Assistant Director Practice and Development (CSP)

**2:30pm**

## How can the physiotherapy profession transform to meet the complexity challenge?

An Interactive workshop

**3:45pm**

## Plenary and Close

Prof Karen Middleton CBE



Scan here to book your free place online, or visit:

<https://bit.ly/3pq1TrZ>

